

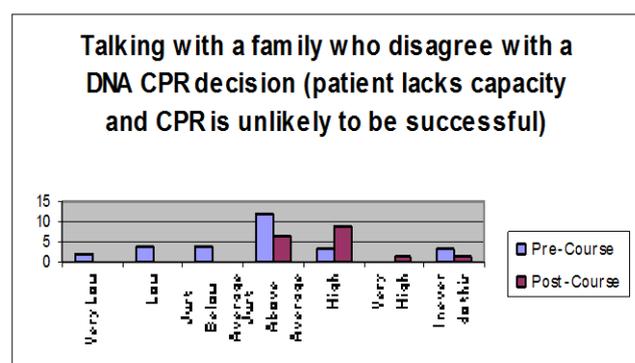
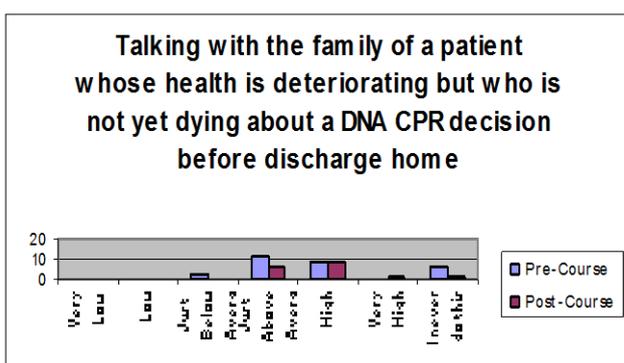
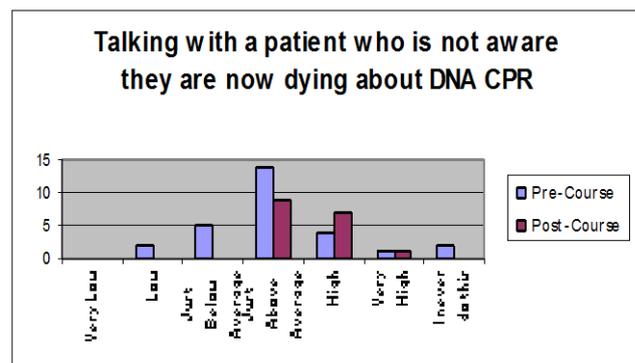
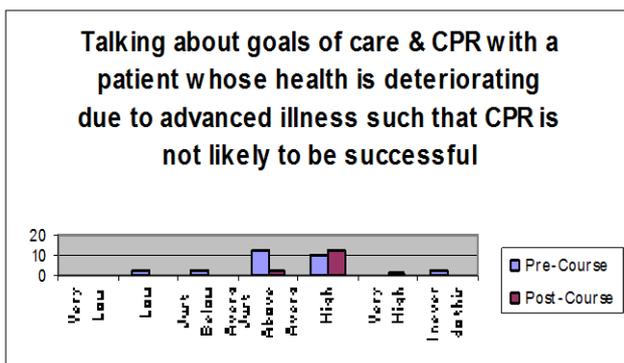
Discussing deteriorating health, treatment options (including CPR) and future care planning 2015 workshops for senior NHS clinicians

Twenty-five participants attended one of three advanced communication workshops. Participants worked in a peer, learning group and used interactive demonstrations and participant role play simulations to enhance their ability to effectively address complex scenarios from their own clinical practice.

The scenarios chosen included:

- Family conflict about goals of care; handling strong emotions – anger, distress etc
- Talking with patients/families with unrealistic expectations about likely prognosis and who do not want to talk about stopping treatments or CPR
- Patient and family requesting CPR when it will not work
- Discussing DNACPR with cognitively impaired patients
- Challenging senior medical staff when the decision is made to continue CPR when you know it will not be effective or appropriate.
- How to have these sensitive discussions in the acute ward setting (lack of privacy, acutely changing clinical conditions, etc)
- Communicating with patients with religious beliefs which they believe include the concept that CPR must always be attempted.

Participants' ratings of their confidence in before and after the workshop:



Some Participant Comments

- *This was a very useful workshop. It was a supportive forum to develop my communication skills with experienced facilitators and clinicians from different specialities.*
- *Brought home some aspects of why communication fails and difficulty of dealing with patients or family who are not engaging with the issue*
- *Very useful to hear colleagues have DNACPR discussions and gained some helpful tips/phrases to take forward for my own practice.*
- *Very helpful to have consensus about the fact that there are circumstances where DNACPR discussions are not always appropriate, even for the dying patient and (despite recent media furore), we must always still ensure that we tailor our info delivery to individual patient needs.*
- *Seeing other participants testing out phrases that I would have avoided and seeing them work was very helpful!*
- *I benefited from role-playing a clinician that has an approach quite different to my own normal style*
- *Realising the importance of establishing which kind of "category" of CPR decision is being dealt with and recognising the possibility that it may take more than one discussion/ encounter*
- *Being able to participate in and change the track of the discussion was hugely beneficial.*
- *I actually found all aspects of the workshop effective and informative!*