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## REALISTIC MEDICINE AND SHARED DECISION MAKING WORKSHOP

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26<sup>TH</sup> OCTOBER 2017 | WESTERN GENERAL HOSPITAL

10 Consultants and other health professional took part in a one day interactive workshop. Participants worked in a small peer group on simulated scenarios drawn from challenging situations brought from their own work settings that relate to shared decision making

Workshop participants:

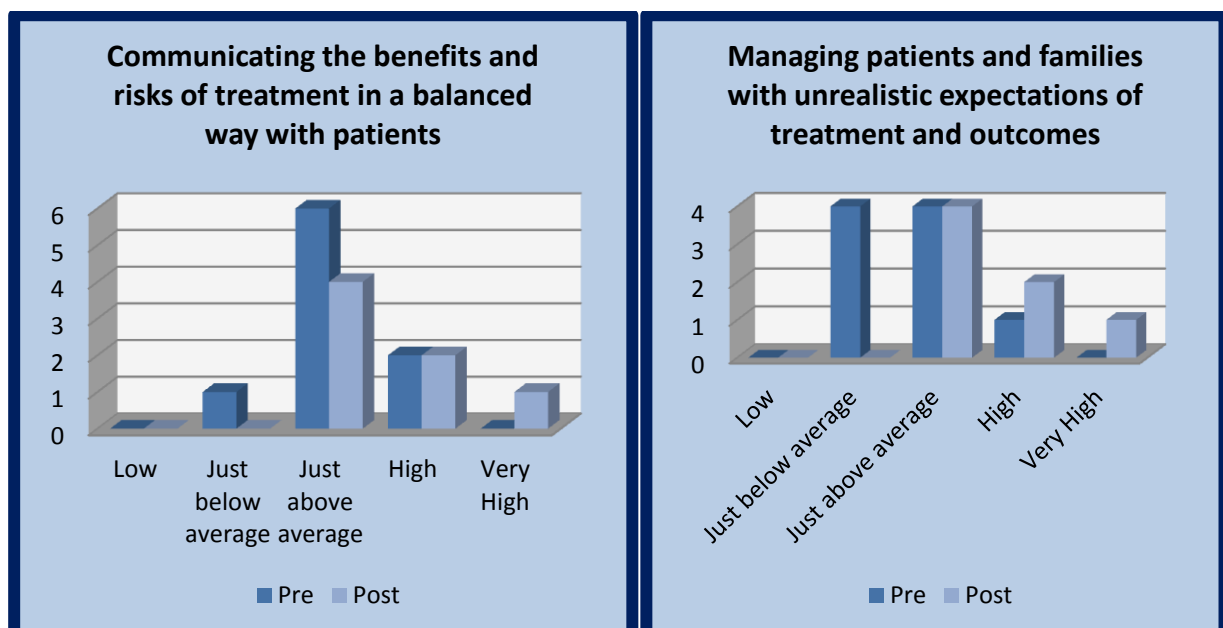
- Reviewed their current practice in communication about treatment related decision making and consent.
- Practised more effective ways to:
  - Communicate information about risk clearly and effectively with a wide range of patients and families
  - Communicate the benefits and limitations of treatment in a balanced way
  - Manage patients and families who have unrealistic expectations of treatment and outcomes
  - Use decision aids to support effective communication and complex shared decision making
  - Respond to complaints about clinical decision making and complaints

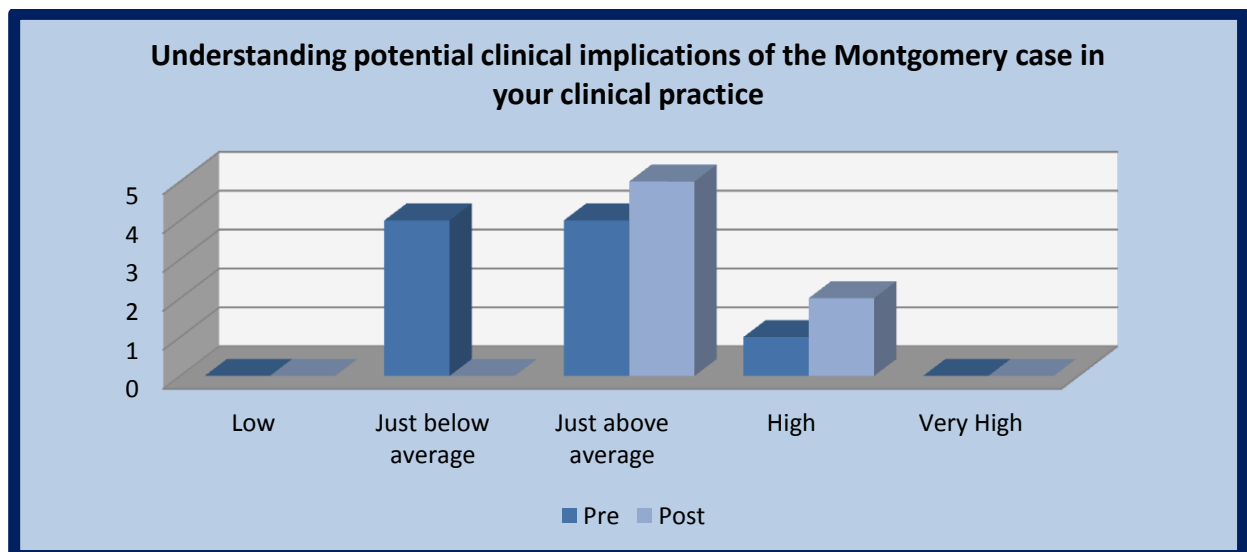
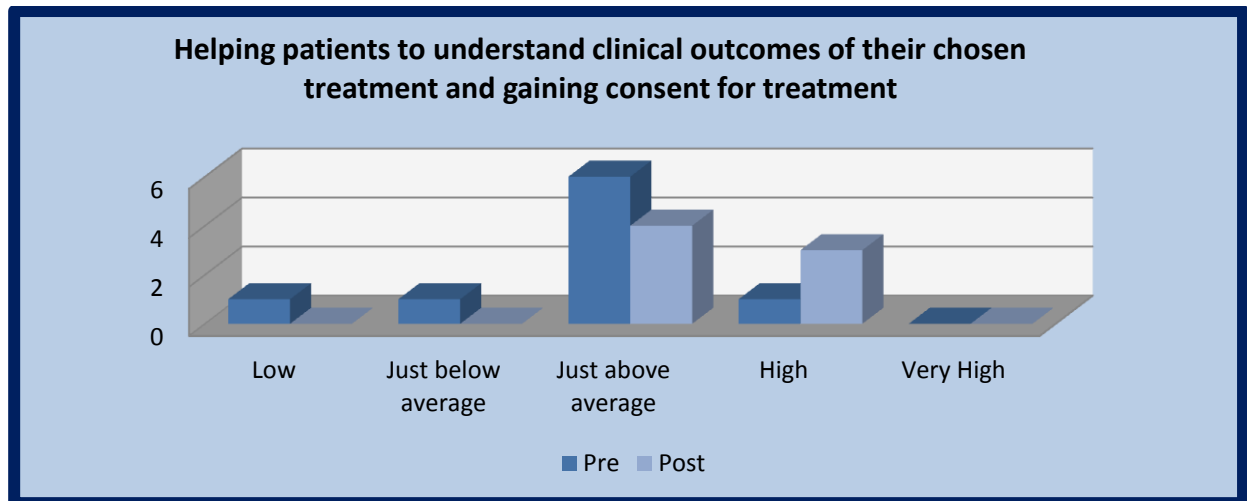
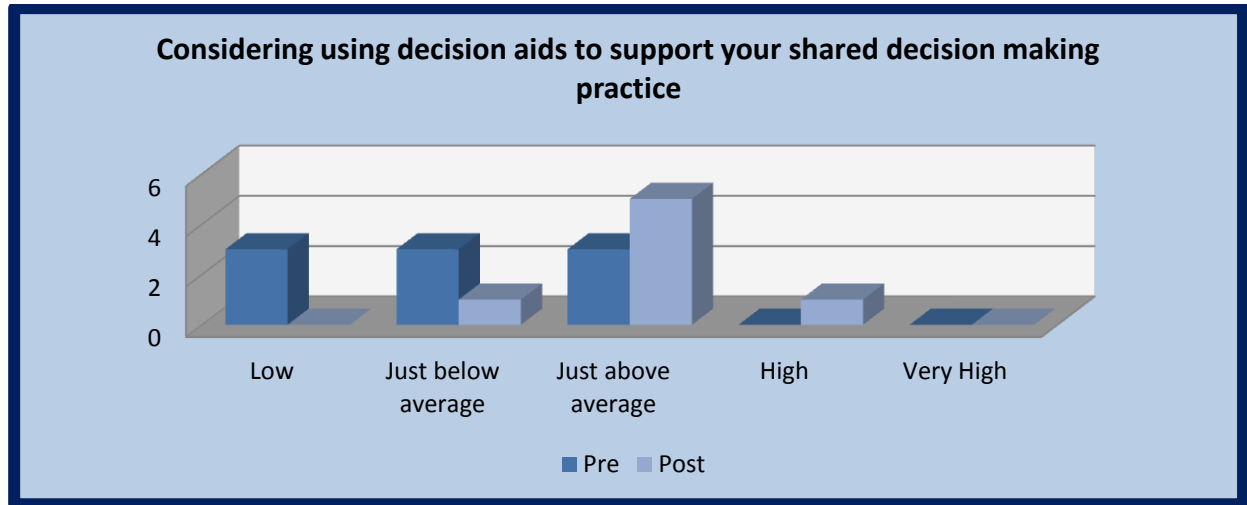
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### PARTICIPANT CONFIDENCE RATINGS PRE & POST WORKSHOP

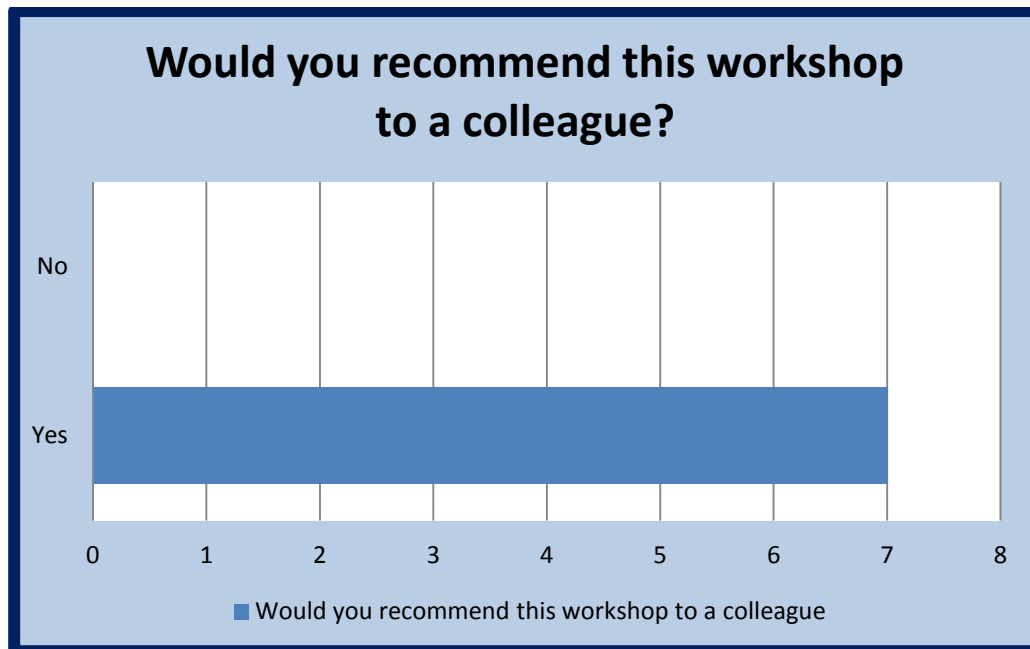
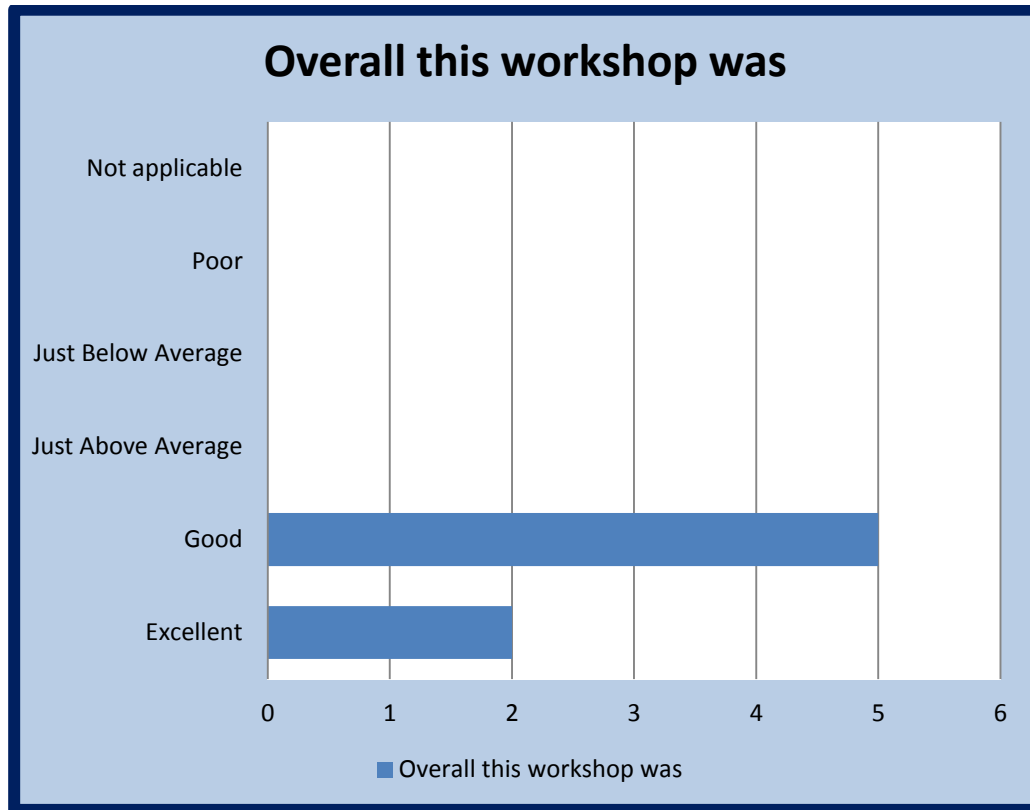
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Eight participants completed online pre-workshop and seven participants completed post-workshop measures of their confidence in managing different communication challenges. For each challenging scenario confidence ratings were higher after the workshop than before the workshop





GENERAL COURSE FEEDBACK



## SUMMARY OF EVALUATIONS

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The workshop was highly rated by all participants. All participants who completed the post evaluation said they would recommend the workshop to a colleague.

Most participants valued the experience of learning with group members from different disciplines and backgrounds. Others valued the experiential teaching methods. Some participants noted the effectiveness of having a safe environment where they could be open and honest. Some valued being given the opportunity to test different communication skills and strategies through role play simulations

### WHICH PARTS OF THE WORKSHOP DID YOU FIND PARTICULARLY EFFECTIVE?

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"I found it particularly effective being able to test out situations via role play-  
"Consultant"

"The environment allowed us to be really open and honest which really contributed to the success of the day" - Consultant

"Great to get the opinions of others" - Consultant

"It was really useful to hear how others did things" - Consultant

"I wish I could have done this earlier!" - Consultant

"The content and format were great!" - Consultant