
ANTICIPATORY CARE PLANNING

16TH NOVEMBER 2017 | WESTERN GENERAL HOSPITAL

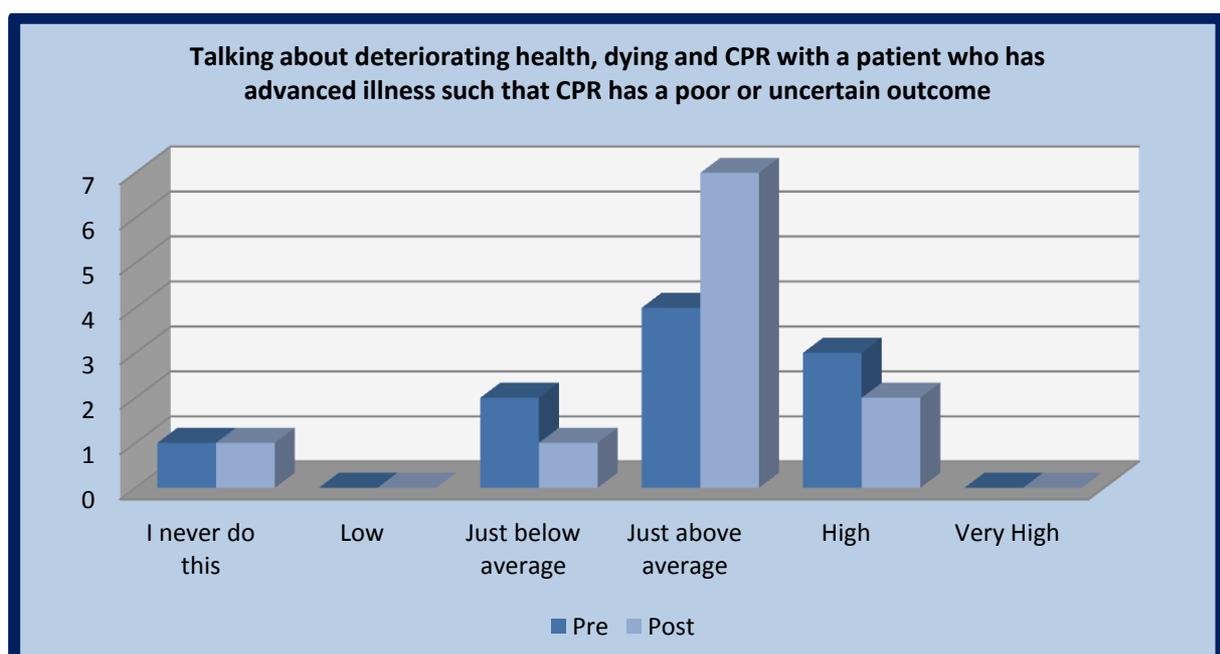
Eleven Practitioners and other health professional took part in a one day interactive workshop. Participants worked in a small peer group on scenarios relating to decision making and communication when patients are deteriorating with one or multiple advanced conditions and are at risk of dying in hospital, at home or in a care home

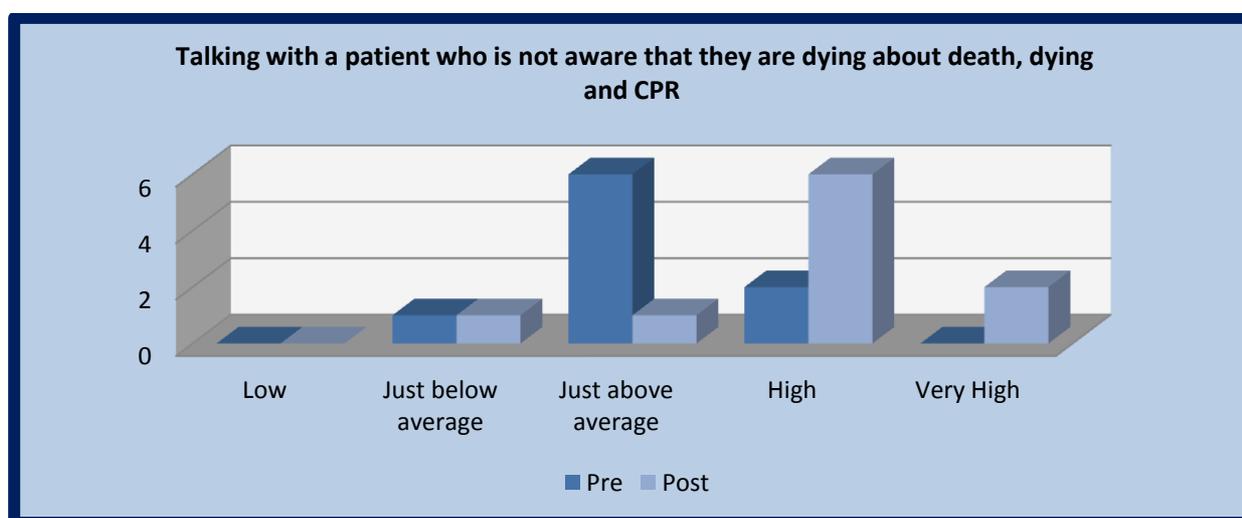
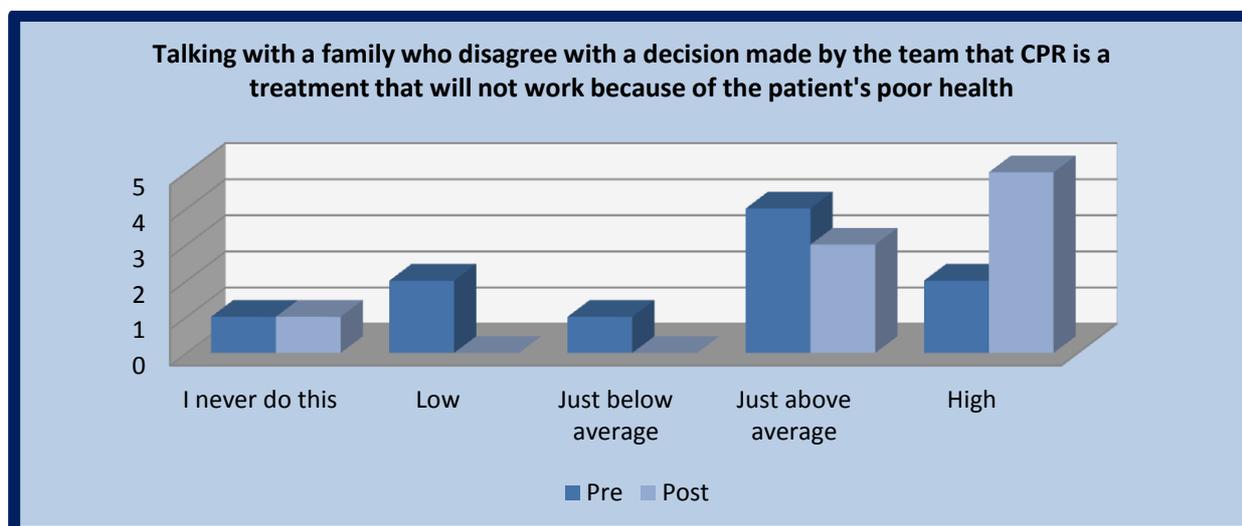
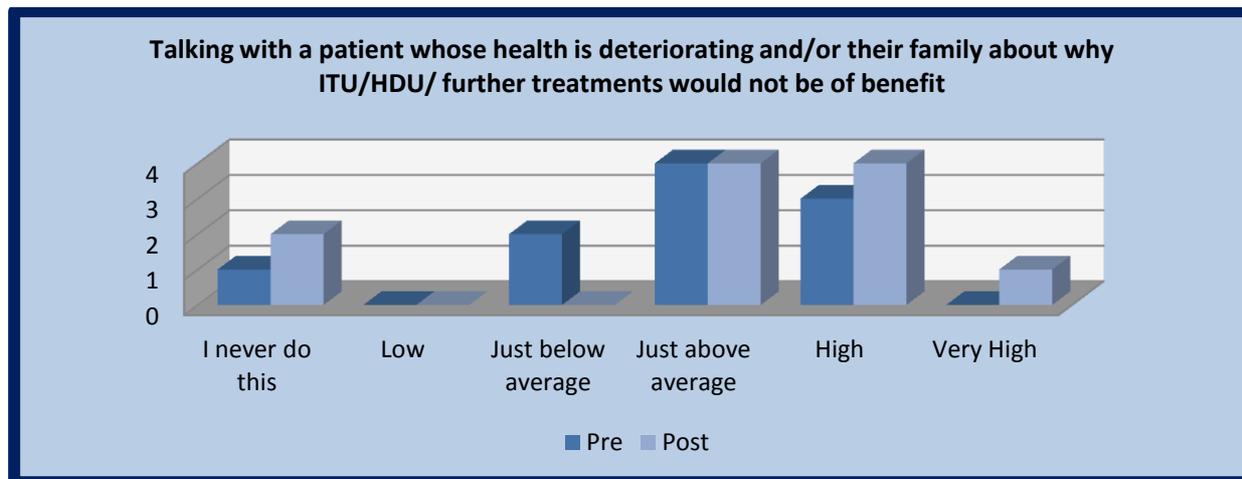
Learning outcomes at the workshop included:

- Communicate sensitively and effectively with people and those close to them about serious illness, deteriorating health and dying
- Talk about anticipatory care planning informed by an understanding of “what matters” to individual patients and families
- Discuss treatment options and outcomes
- Respond to anger, distress, collusion and other complex emotions
- Discuss the benefits and limitations of treatments in a balanced way
- Managing unrealistic expectations of treatments and outcomes
- Address communication challenges

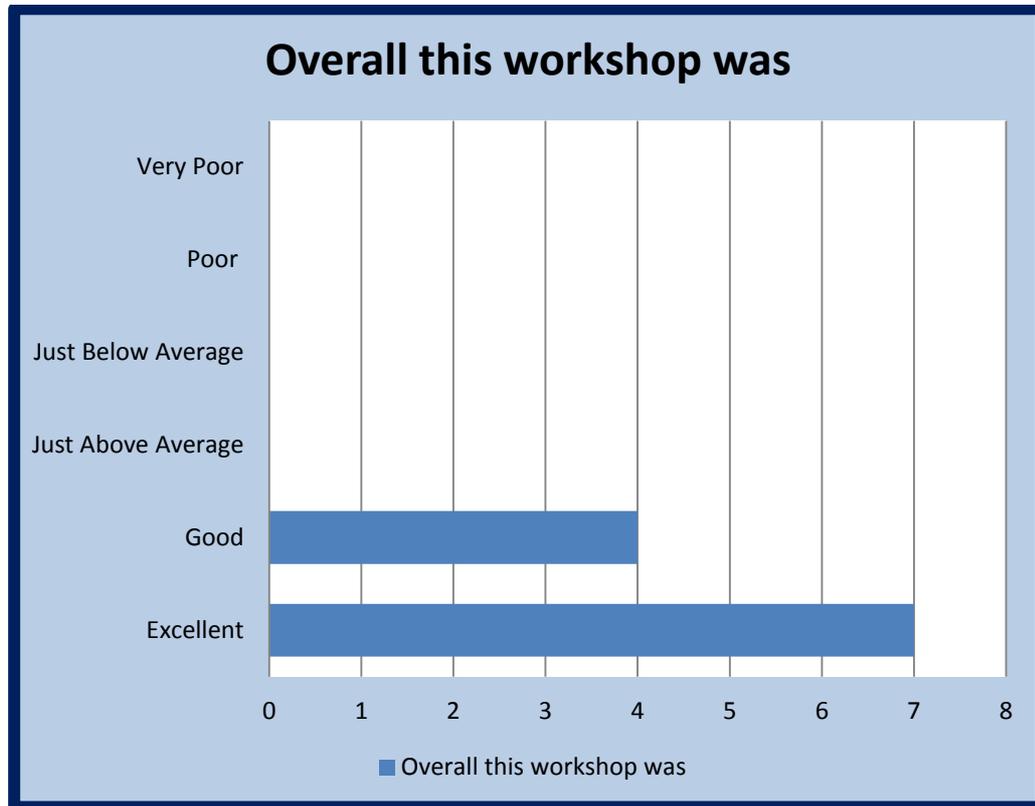
PARTICIPANT CONFIDENCE RATINGS PRE & POST WORKSHOP

Ten participants completed online pre-workshop and eleven completed post-workshop measures of their confidence in managing different communication challenges. For each challenging scenario confidence ratings were higher after the workshop than before the workshop





GENERAL COURSE FEEDBACK



SUMMARY OF EVALUATIONS

The workshop was highly rated by all participants.

Participants found role playing and real time interviews very effective, particularly in giving them an insight into how patients and families felt about conversations. Some participants noted that it was very useful to be able to practice having conversations. Others noted the effectiveness of being able to have discussions with their peers.

WHICH PARTS OF THE WORKSHOP DID YOU FIND PARTICULARLY EFFECTIVE?

"Very helpful to observe and participate in role play with feedback" - Specialist Physiotherapist

"Very well organised - it kept me engaged the whole time" - Assistant Practitioner

"Very useful to be able to practice having conversations" - Team Lead

"Conversation/discussions among peers were very effective" - Staff Nurse

"Learned some very useful phrases" - Advanced Practitioner Physiotherapist

"The analysis of how the patients and families felt about conversation was excellent" - Facilitator

"Role play was particularly useful" - Advanced Practitioner Physiotherapist

"Really helpful being given time to digest information before being given more" District Nurse

"I found the real time interviews very useful" ST6

"It was great to be observed and allowed to review or return to a difficult part of the discussion." - ST6