
TALKING ABOUT DETERIORATING HEALTH, DYING & FUTURE CARE PLANNING

24TH JANUARY 2018 | DUNFERMLINE QUEEN MARGARET HOSPITAL

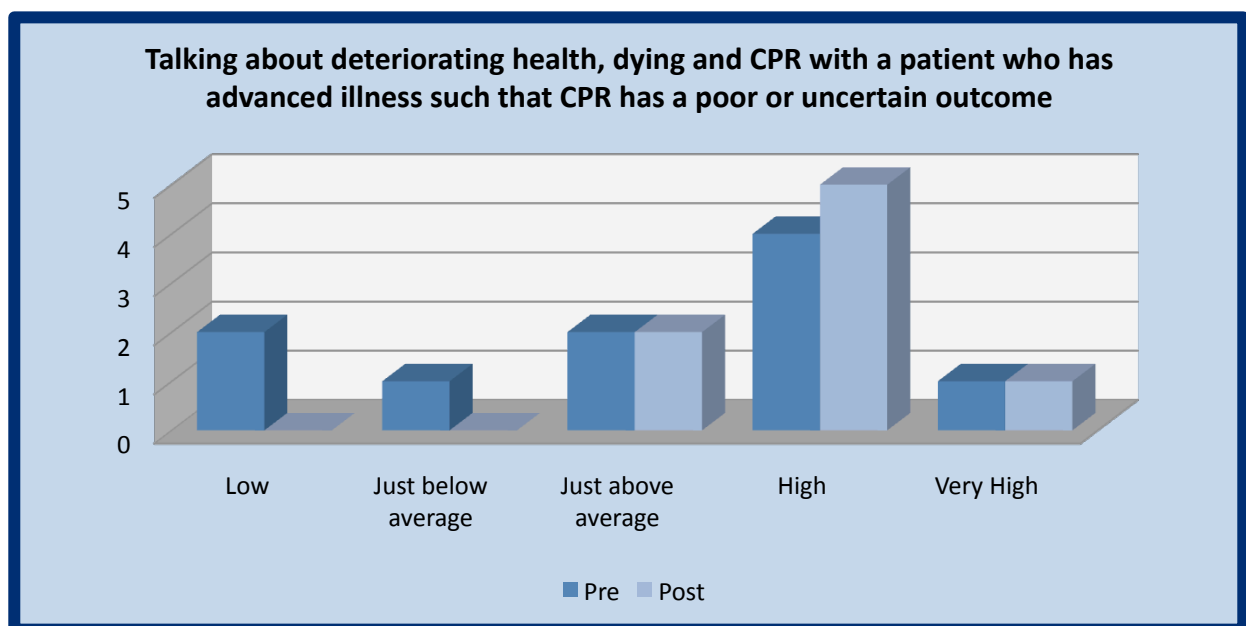
11 doctors and other health professional took part in a one day interactive workshop. Participants worked in a small peer group and focused on scenarios relating to decision-making and communication when patients are deteriorating with one or multiple advanced conditions and are at risk of dying in hospital, at home or in a care home.

Learning outcomes at the workshops included:

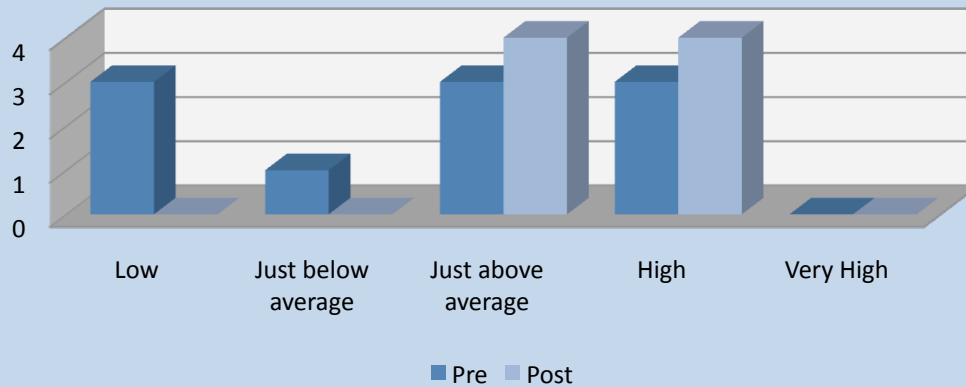
- Communicating sensibly and effectively with people and those close to them about advance illness, deteriorating health and dying
- Talking about anticipatory care planning
- Discussing treatment options and outcomes within a person-centred model of shared decision making
- Responding to anger, distress, collusion and other complex emotions
- Managing people who have unrealistic expectations of treatment and outcomes

PARTICIPANT CONFIDENCE RATINGS PRE & POST WORKSHOP

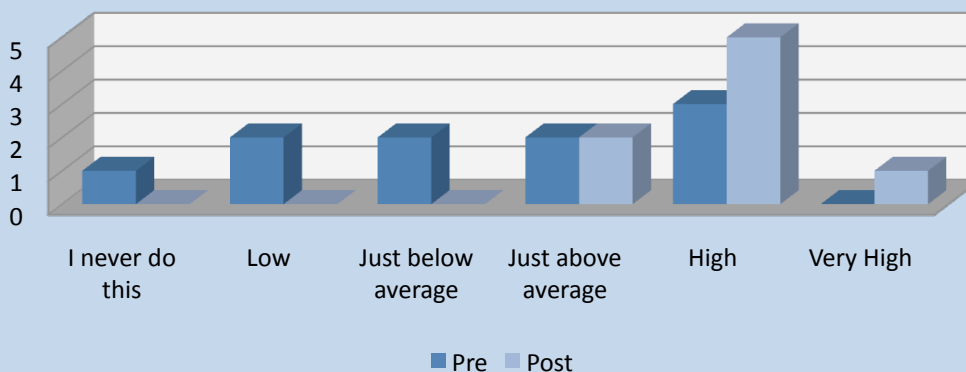
Ten participants completed online pre-workshop and eight completed post-workshop measures of their confidence in managing different communication challenges. For most challenging scenarios confidence ratings were higher after the workshop than before the workshop



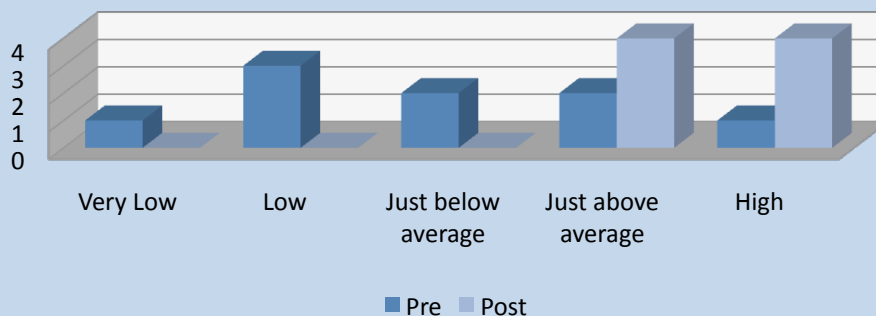
Talking with a patient who is not aware that they are dying about death, dying and CPR



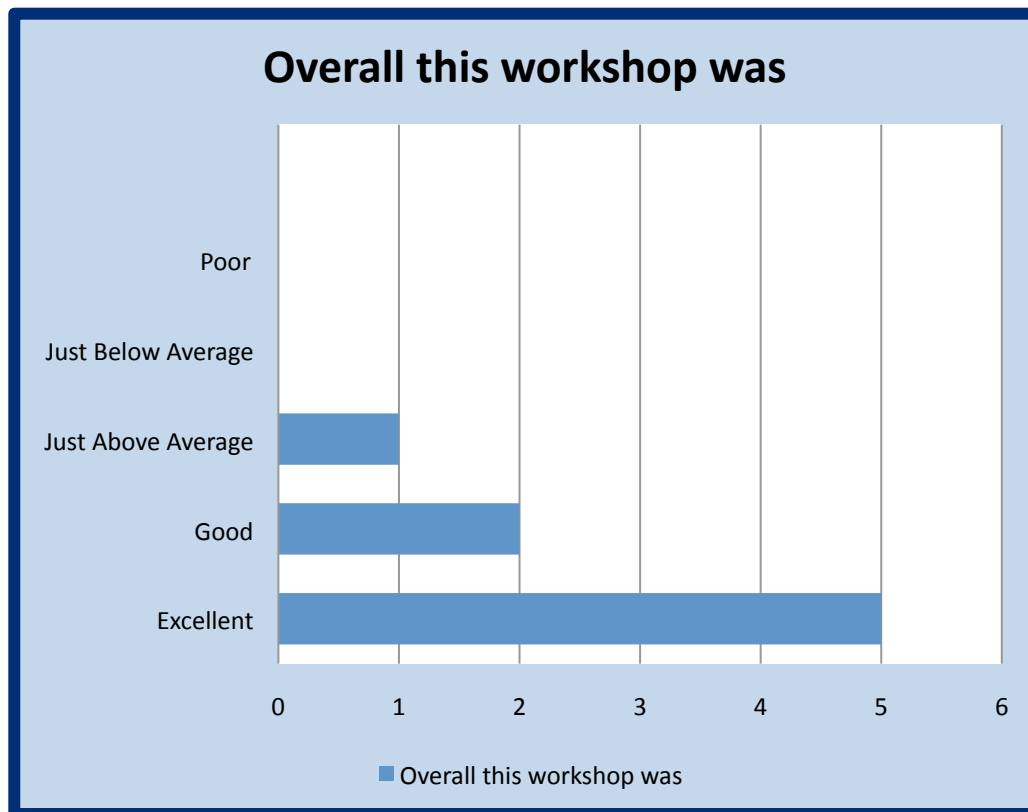
Talking with a patient whose health is deteriorating and/or their family about why ITU/HDU/ further treatments would not be of benefit



Talking with a family who disagree with a decision made by the team that CPR is a treatment that will not work because of the patient's poor health



GENERAL COURSE FEEDBACK



SUMMARY OF EVALUATIONS

Most of the participants highly rated the workshop.

Participants found the role playing very effective and appreciated being given the opportunity to get suggestions from their peer group. Some particularly valued the insight they gained from role playing a relative. Others noted they now felt much more confident in using a variety of different approaches. Participants also appreciated working in a mixed group and having the opportunity to hear and learn from others approaches and strategies

WHICH PARTS OF THE WORKSHOP DID YOU FIND PARTICULARLY EFFECTIVE?

"I really enjoyed the role play"

"Good to hear communication ideas from other experienced doctors"

"The teachers were excellent - thank you!"

"I enjoyed having a variety of people from different specialities there"

"Role playing was effective"

"Very helpful seeing other consultants strategies"

"Good to explore difficult conversations in a safe place"

"I don't usually like role play but the way it was done made it a lot less intimidating and I found it easy to contribute"