
TALKING ABOUT DETERIORATING HEALTH AND FUTURE CARE PLANNING

18TH MAY 2017 | MARIE CURIE HOSPICE GLASGOW

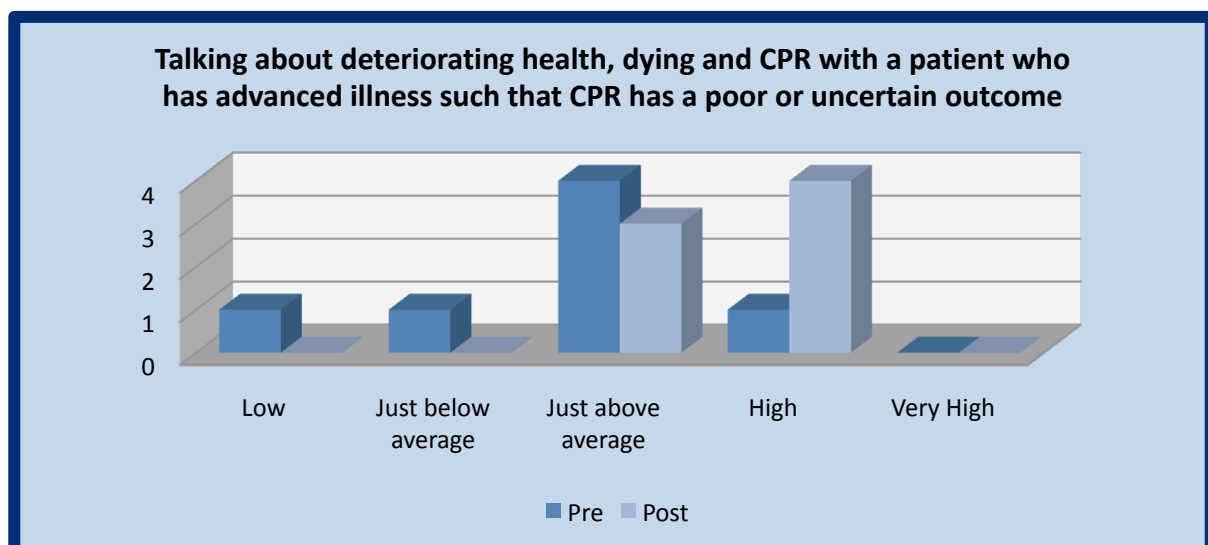
10 senior doctors and other health professionals took part in a one day interactive workshop. Participants worked in a small peer group and addressed the challenges relating to decision making and communication when patients are deteriorating with one or multiple advanced conditions and are at risk of dying in hospital, at home or in a care home.

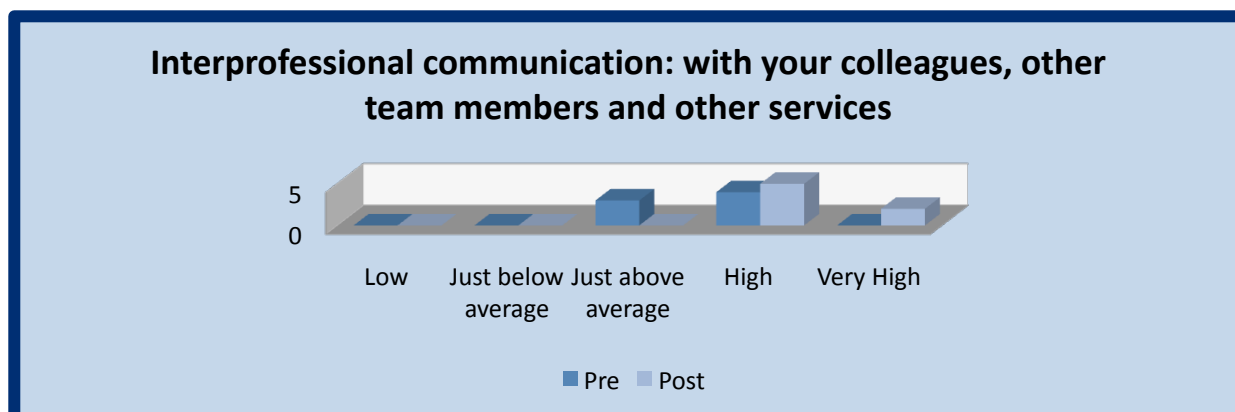
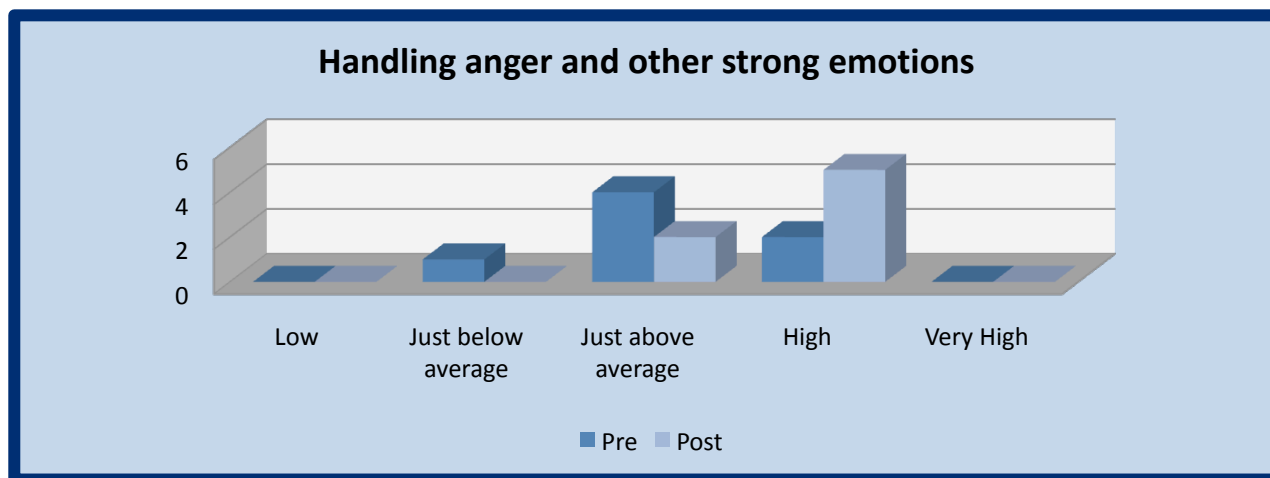
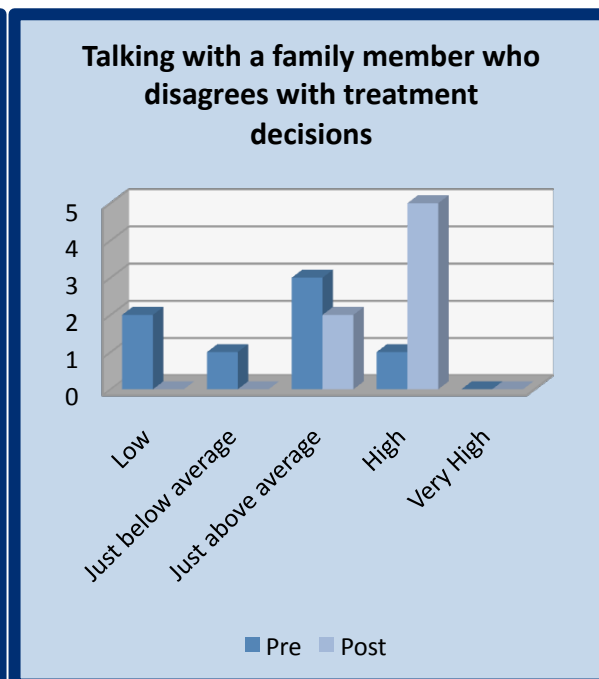
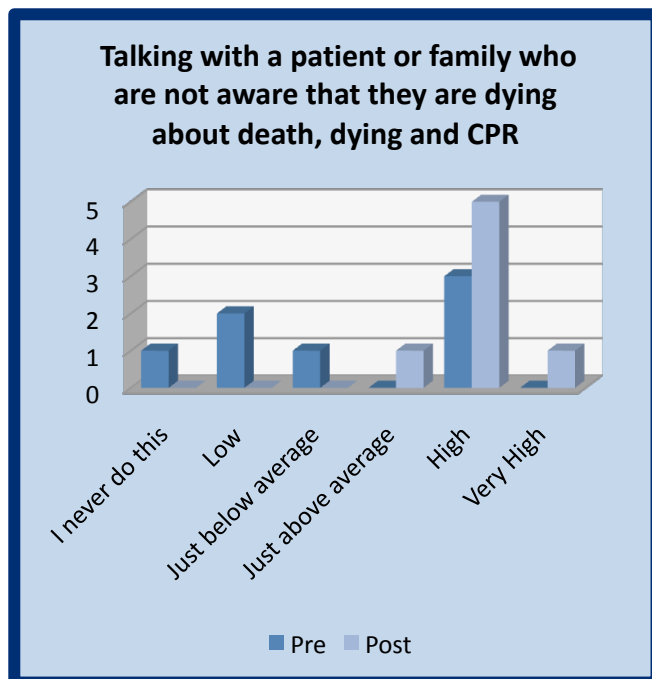
Topics at the workshops included:

- Communicating sensitively and effectively with people and those close to them about advanced illness, deteriorating health and dying
- Talking about anticipatory care planning informed by an understanding of “what matters” to individuals
- Discussing treatment options and outcomes within a person centred model of shared decision making
- Responding to anger, distress, collusion and other complex emotions
- Managing people with unrealistic expectations of treatment and outcomes
- Addressing communication challenges that arise when the person has impaired decision making capacity

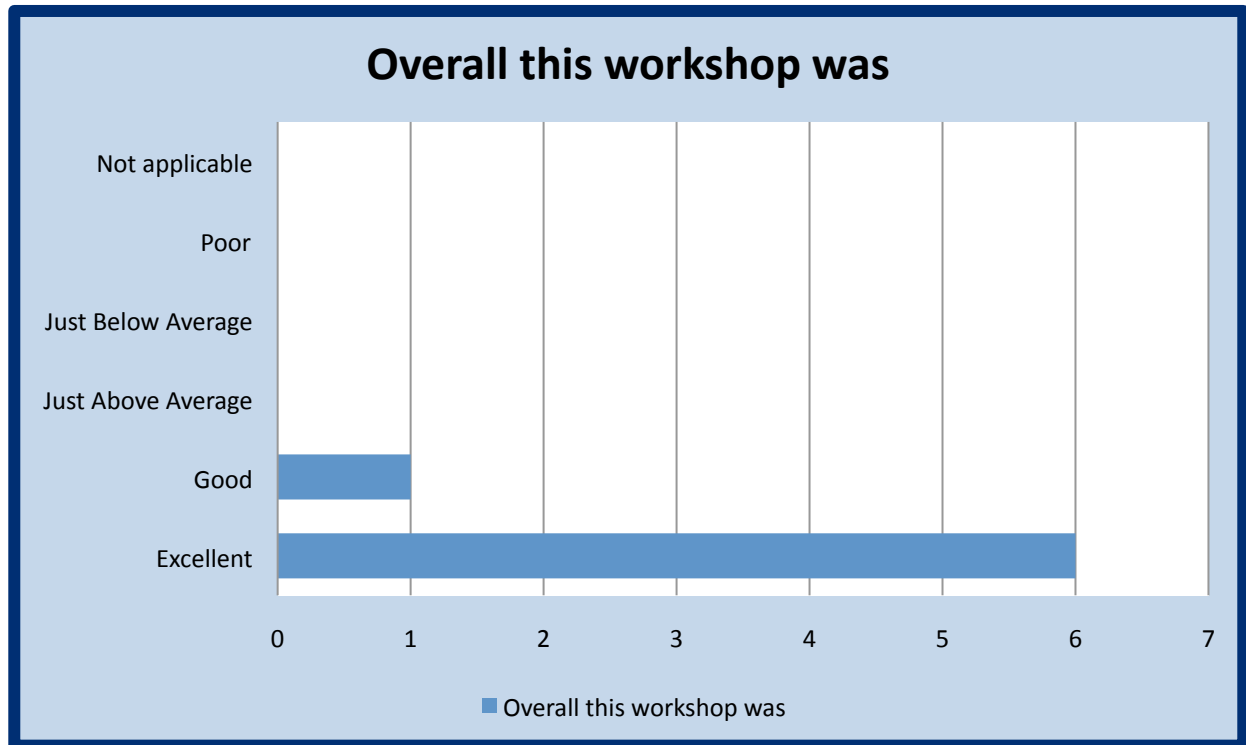
PARTICIPANT CONFIDENCE RATINGS PRE & POST WORKSHOP

Participants completed online pre-workshop and post-workshop measures of their confidence in managing different communication challenges. For each challenging scenario confidence ratings were higher after the workshop than before the workshop





GENERAL COURSE FEEDBACK



SUMMARY OF EVALUATIONS

The workshop was highly rated by all participants. Participants valued being given the opportunity to try out and test different communication skills and strategies through role play simulations. Some participants appreciated sharing ideas, strategies and experiences within the group found it useful to get tips from others. Some noted the value of the skills they had learned and how these could be put into every day practice, in particular the use of silence

WHICH PARTS OF THE WORKSHOP DID YOU FIND PARTICULARLY EFFECTIVE?

"Provided me with different ideas on how I may approach families / patients when having difficult conversations"

"Really enjoyed the scenarios and the role play"

"I am now using the skills I learnt in my practice on a daily basis"

"The role play was surprisingly effective"

"Excellent facilitation and really interesting to discuss and role play case scenarios"

"All aspects of this workshop were very important and effective"

"I found it particularly effective learning how to use silences appropriately"