
ANTICIPATORY CARE PLANNING

30TH JANUARY 2018 | ROYAL INFIRMARY OF EDINBURGH

Nine health professionals took part in a one day interactive workshop.

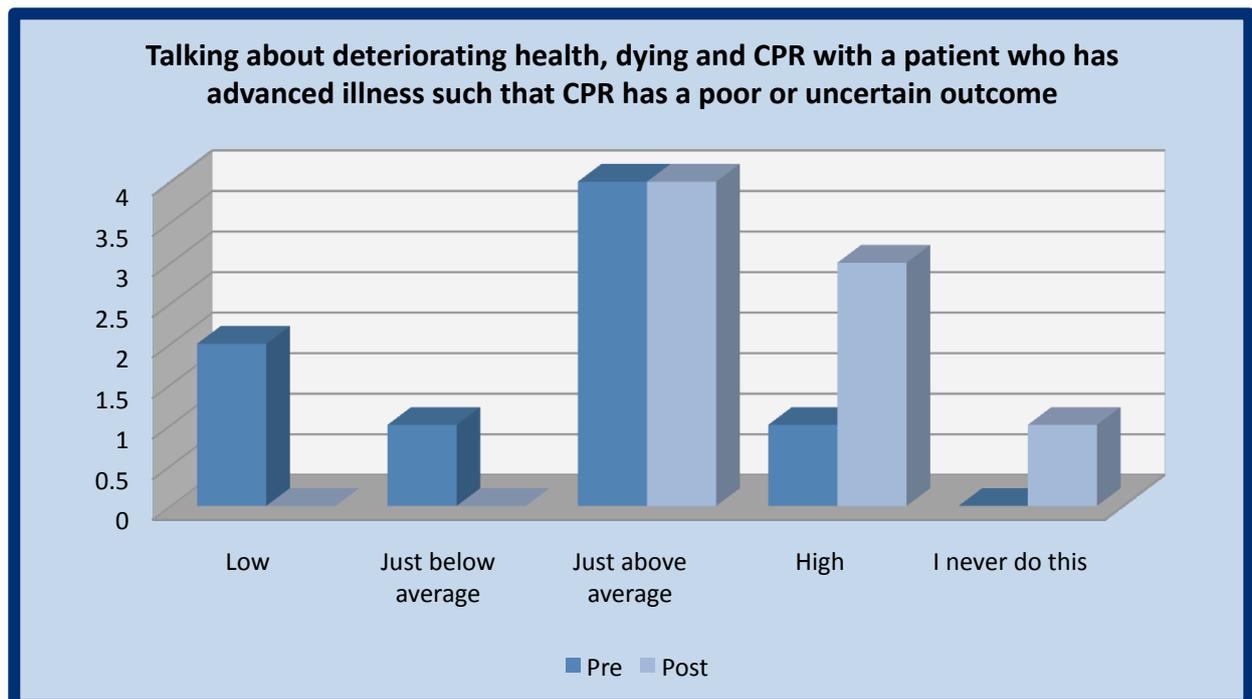
Participants worked in a small peer group and addressed the challenges of communication with particular focus on initiating conversations about deteriorating health, people's priorities and plans for future care such as hospital treatments options, further admissions, clinically assisted nutrition or hydration and CPR.

Topics at the workshops included:

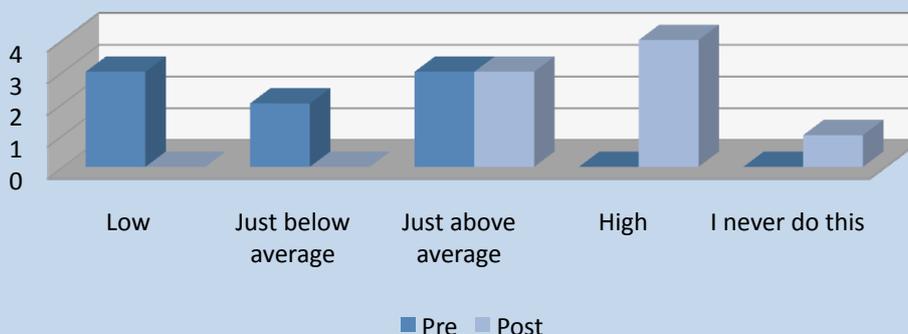
- Conflicting opinions between professionals and families
- Managing unrealistic expectations
- Dealing with anger
- Effective communication with patients and families when there is a high risk of death
- Discussing DNAR status

PARTICIPANT CONFIDENCE RATINGS PRE & POST WORKSHOP

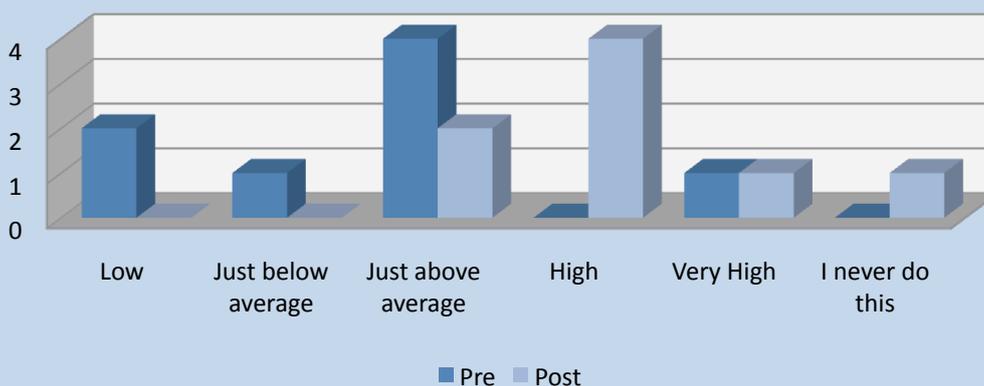
Eight participants completed an online evaluation measuring their confidence ratings managing various communication challenges pre and post workshop. Confidence ratings were higher after the workshop than before the workshop for all of the scenarios



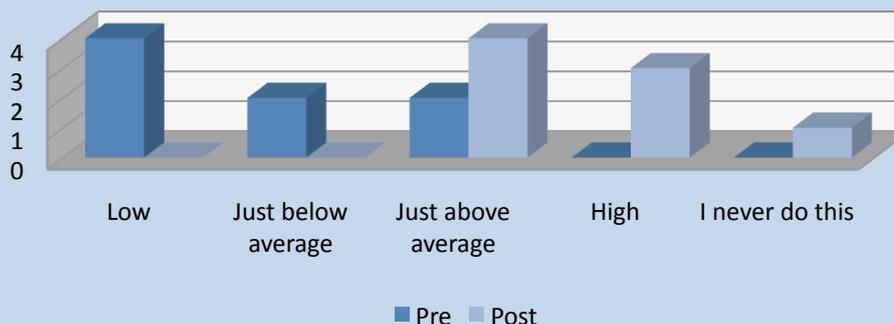
Talking with a patient who is not aware that they are dying about death, dying and CPR



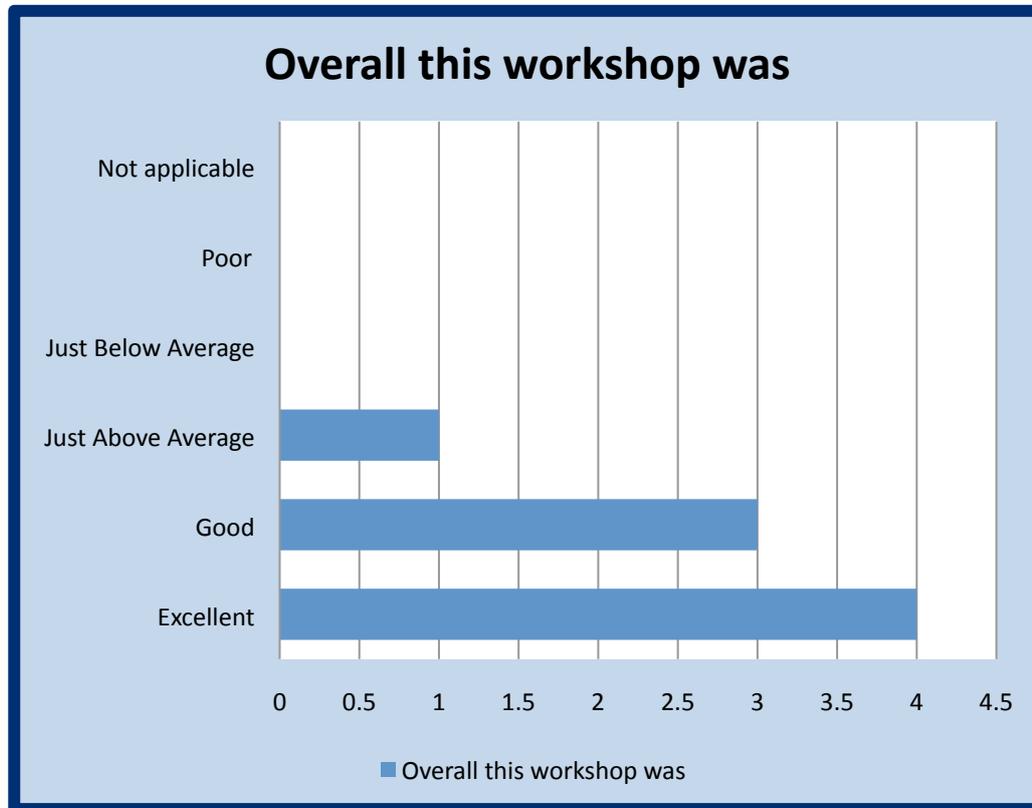
Talking with a patient whose health is deteriorating and/or their family about why ITU/HDU/ further treatments would not be of benefit



Talking with a family who disagree with a decision made by the team that CPR is a treatment that will not work because of the patient's poor health



GENERAL COURSE FEEDBACK



SUMMARY OF EVALUATIONS

The workshop was highly rated by seven of the participants.

Participants comments that they found the workshop very enjoyable. The role play was particularly valued by participants who found value in being able to practice and test different strategies for real life scenarios. Most participants appreciated the interactive sessions. Participants commented that the tutors were very skilled and worked with the strengths of the group providing positive encouragement throughout the workshop.

WORKSHOP DID YOU FIND PARTICULARLY EFFECTIVE?

"Facilitation was excellent and very skilled with lots of positive encouragement"- QSI Manager

"I enjoyed the whole session" - Medical Consultant

"This was an excellent participatory workshop" - Clinical Skills Facilitator

"Role play scenarios were very relevant and helped me develop my communication skills" - Staff Nurse

"Doing the role play is good practice for real life scenarios" - Consultant

"Interactive session - definitely made you think" - Medical Consultant

"The role play was a powerful way to enhance experience in practice" - QSI Manager

"The facilitators worked with the strengths of the candidates" Clinical Skills Facilitator

"The course has given me a great deal of insight" Manager