



We want to know your preferences if you became very unwell. We will discuss with you.....

Let's think ahead

You may choose not to go to hospital to have further treatment. Would you prefer having treatment to make you comfortable in the care home?



Would you like staff to help you to look for treatment to prolong your life?

Talking about treatment and care in Edinburgh Care Homes

Information for residents, family members, carers and close friends about anticipatory care planning

For further information please go to <http://www.whatmatterstoyou.scot/>

The leaflet may be made available in a larger print, Braille or your community language, please email anticipatorycareplanning@nhslothian.scot.nhs.uk

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Working together for a caring, healthier, safer Edinburgh



Introduction

'Anticipatory' care planning means thinking and planning ahead and understanding what is happening with your health and care.

Care Home staff want to find out **what matters to you and involve you in planning** your care and treatment, **as much as you are able and want to.**

Care home staff will discuss your wishes with your family or a friend if you are unwell, unless you do not want this.

Some people may have already made a plan about their treatment and care. If you have one it would be very helpful to show this to the care home staff.

Please remember to tell Care Home staff if you have chosen someone to have a *Power of Attorney*.

Here are some things you might want to ask Care Home staff:

