

Shared decision-making with DECIDE

Define decision	Today we are making a decision about <i>Is this a good time for you? Who should be involved?</i>
Explain situation	Let's talk about your situation... <i>Can you tell me what you know already?</i> <i>Do you have any worries or questions I can help with?</i>
Consider options	We need to work out what option is the best one for you. Each of them has pros and cons. You might want to wait and see what happens.
Invite views	We want to know what matters to you in general. That's important in making good decisions with you.
Decide together	So thinking about what we can do, and what's important for you, let's make a plan. <i>What do you think the best option might be?</i> <i>What do you think she would say, if we could ask her?</i> <i>Would it help if I recommend...?</i>
Evaluate decision	You think the best option is, because... <i>Are you clear about what that means for you?</i> <i>Do you want to think about it, and we can talk later?</i>