

Talking about Care Planning with RED –MAP

R eady	Can we talk about your health and care? Has anything changed? Who should be involved?
E xpect	What do you know ? Is there anything you want to ask / tell me? What do you think might happen ?
D iagnosis	What we know is... We don't know ... We are not sure about... Do you have questions or worries we can talk about?
M atters	What is important to you and your family? How would you like to be cared for? Any things you don't want ? What would she say about this situation, if we could ask her?
A ctions	What we can do to help is... Options we have are.... This does not work when... /will not help because....
P lan	Let's plan ahead for when/if... We can make a care plan for you so everyone knows what to do.

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