

Talking about Care Planning with RED–MAP

Ready	Can we talk about your health and care? Has anything changed? Who should be involved?
Expect	What do you know ? Is there anything you want to ask/tell me? What do you think might happen ?
Diagnosis	What we know is... We don't know ... We are not sure about... Do you have questions or worries we can talk about?
Matters	What is important to you and your family? How would you like to be cared for? Is there anything you don't want ? What would she say about this situation, if we could ask her?
Actions	What we can do to help is... Options we have are.... This does not work when... / will not help because....
Plan	Let's plan ahead for when/if... We can make a care plan for you so everyone knows what to do.